



Boccia

Boccia, a Paralympic sport, involves players propelling balls to land as close as possible to a white target ball (the "jack") from a seated position, with points awarded for balls closer to the jack than the opponent's closest ball.

Here's a more detailed breakdown of the rules:

Objective:

- The goal is to get your coloured balls (red or blue) closer to the white jack than your opponent's.
- Players can throw, kick, or use assistive devices like ramps to propel the balls.

Gameplay:

- **Ends:**

A game consists of a series of "ends". Singles and pairs matches have four ends, while team matches have six ends.

- **Starting the End:**

The red side always starts the first end by propelling the jack into the court.

- **Ball Placement:**

Each side has six coloured balls (red or blue) and must occupy a designated box on the court from where balls are propelled.

- **Throwing Order:**

The player who throws the jack also throws their team's first colored ball. The other side then throws their first colored ball, and the side furthest from the jack continues playing until they get closer or run out of balls.

- **Assistive Devices:**

Players can use ramps, head pointers, or other assistive devices to propel the balls.

- **Scoring:**

Points are awarded for each ball closer to the jack than the opponent's closest ball.

- **Tiebreaker:**

If the scores are tied at the end of the match, a tiebreaker end is played.

Key Rules and Considerations:

- **Seated Position:**

All players must be seated during a game.

- **Ball Types:**



Boccia is played with specially-designed leather balls containing plastic granules to prevent bouncing.

- **Fouls:**

There are specific rules regarding fouls, such as throwing the jack out of bounds or violating the throwing area.

- **Officials:**

A referee is appointed for every boccia competition to ensure the rules are followed and answer any questions.

- **Team Divisions:**

Team Boccia involves three players per team, with players throwing the jack in turn.

- **Singles and Pairs Divisions:**

Singles matches involve two players competing against each other, while pairs matches involve two players per team.